



PRESTON
STRATEGY
GROUP

FILED: shpda.online@shpda.alabama.gov

January 10, 2025

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency
100 North Union Street Suite 870
Montgomery, Alabama 36104

RE: State Health Plan Adjustment Application
Substance Use Beds

Dear Ms. Marsal:

In accordance with the 2024-2027 Alabama State Health Plan, 410-2-5-.04 Plan Revision Procedures, attached please find the Plan Adjustment Application for Birmingham Resource Center, Inc., dba Longleaf Lodge.

Longleaf Lodge is seeking a Plan Adjustment for sixty (60) Substance Use Beds for Shelby County.

The Plan Adjustment filing fee was submitted through the SHPDA Payment Portal on January 9, 2025. In order to ensure electronic receipt of this Plan Adjustment Application, Attachment A, Longleaf Sunshine Farm, Longleaf Lodge is being submitted separately.

Please confirm receipt of the Plan Adjustment Application and Attachment A at your earliest convenience.

Sincerely,

A handwritten signature in blue ink, appearing to read "Stephen D. Preston", is placed over a light blue rectangular background.

Stephen D. Preston

**APPLICATION FOR ADJUSTMENT TO THE 2024-
2027 ALABAMA STATE HEALTH PLAN**

**SIXTY (60) ADULT
SUBSTANCE USE BEDS**

**BIRMINGHAM RECOVERY CENTER, INC.
dba LONGLEAF LODGE**

PROPOSED ADJUSTMENT

The Statewide Health Coordinating Council (SHCC) finds that there is a significant and unmet need for sixty (60) substance use beds in Shelby County.

The proposed Plan Adjustment is consistent with the following provisions of the 2024-2027 Alabama State Health Plan:

410-2-5-.04 Plan Revision Procedures

- (1) Introduction - the SHCC is responsible for the development of the State Health Plan (SHP) with final approval required by the Governor. The SHCC desires (a) a process that will maintain a viable and current SHP; (b) a coordinated system of revising the SHP; and (c) required information to be provided as outlined in ALA Admin Code r 410-2-5-.05 by individuals, groups, or other entities seeking a specific revision to the SHP commonly called an adjustment.**

- (2) There are three types of plan revisions:**
 - (a) Plan Adjustment**
 - (b) Statistical Update**
 - (c) Plan Amendment**

- (3) Application Procedures**
 - (a) Application Procedure for Plan Adjustment. Any person may propose an adjustment to the SHP, which will be considered in accordance with the provisions of SHPDA Rule 410-2-5-.04(4). The proposal will state with specificity the proposed language of the adjustment and shall meet the electronic filing requirements of SHPDA Rule 410-1-3-.09 (Electronic Filing).**

(A) APPLICANT IDENTIFICATION

**Birmingham Recovery Center, Inc.,
dba "Longleaf Lodge"
2441 International Park Drive
Birmingham, Alabama 35243**

(205)813-7403

Contact Person:

**Ian Henryon, LPC
Birmingham Recovery Center, Inc.
2441 International Park Drive
Birmingham, AL 35243**

**(205)813-7403 ext 106
ian@longleafcenters.com**

**Gaines Brake
Maynard Nexsen
1901 Sixth Avenue S. Ste 1700
Birmingham, AL 35203**

**(205)254-1113
gbrake@MaynardNexen.com**

Administrative Fee:

\$3,500

INTRODUCTION

Birmingham Recovery Center/Longleaf Recovery and Wellness is an Alabama company dedicated to guiding individuals on a transformative journey of healing and reconnection. Their comprehensive approach merges evidence based mental health treatment with advanced substance use recovery methods. By addressing both the mental health challenges and the roots of addiction, a holistic path to recovery is created. Programs emphasize symptom management, self-care practices, and the development of essential life skills. Through personalized therapeutic and psychiatric services, psychoeducation, and active family involvement, clients are empowered to achieve successful, lifelong recovery and personal growth.



Longleaf Recovery & Wellness was created by individuals who have experienced addiction and mental illness and found better lives through treatment and recovery. Now working in the treatment field, they have an intimate understanding of the significant challenges encountered by individuals seeking recovery, created by decades of deficient and rigid treatment programs that rely more on dogma than research and compassion. The leadership team serves a singular vision to improve how addiction and other mental health disorders are addressed throughout the industry.

Longleaf Recovery and Wellness' current specialized treatment facilities are dedicated to assisting adults and families grappling with mental health challenges and addiction. Longleaf addresses the underlying stressors, offering a transformative path to change and sustained support for a restored life:



*Birmingham Recovery Center
Birmingham, Alabama*

Substance Use Treatment Center

***Longleaf Recovery Center
Madison, Alabama***

Substance Use Treatment Center



***Longleaf Wellness Center
Birmingham, Alabama***

Mental Health Treatment Center

***Longleaf Recovery Center
Spanish Fort, Alabama***

Substance Use Treatment Center



Proposed Longleaf Lodge Facility

Birmingham Recovery Center Inc.'s (BRC) proposed Longleaf Lodge will be a



structured and supportive treatment program designed for individuals with significant substance use disorders and co-occurring conditions. This level of care provides a safe, therapeutic environment to stabilize physical, emotional, and behavioral health while developing skills for sustained recovery.

Bed Capacity and Levels of Care:

- **60 Total Beds**
 - **10 Detox Beds- ASAMⁱ Level 3.7:** Medically Monitored High-Intensity Inpatient Services and Medically Monitored Intensive Inpatient Services Withdrawal Management for adults. This level of care provides 24-hour nursing care with a physician's availability for significant problems in Dimensions 1, 2, or 3ⁱⁱ.
 - **50 Residential Beds, ASAM Level 3.5:** Clinically Managed Medium-Intensity Residential Services and Clinically Managed High-Intensity Residential Services for adults. This level of care provides 24-hour care with trained counselors to stabilize multidimensional imminent danger and prepare for outpatient treatment. Patients in this level are able to tolerate and use full active milieu or therapeutic communities. Level 3 encompasses residential services that are described as co-occurring capable, co-occurring enhanced, and complexity capable services, which are staffed by designated addiction treatment, mental health, and general medical personnel who provide a range of services in a 24-hour treatment setting.

Expected Outcomes:

Longleaf Lodge provides intensive and structured clinical treatment with the goal of abstinence from substance use and addictive behaviors, addressing underlying issues, developing healthy attachments through education and group therapy, and engaging and empowering clients to be their own advocate in recovery. This program serves as a pivotal step in the recovery process, helping individuals regain control over their lives and build a foundation for a healthier, substance-free future.

Longleaf Lodge will offer:

- 24/7 Supervised Residential Care
- Intensive Treatment (individual therapy, group counseling, family sessions) to address substance use and its underlying causes



- Comprehensive/Holistic Care: addressing co-occurring mental health conditions, trauma, medical needs, and social or vocational challenges
- Evidence-Based Practices: proven approaches such as cognitive-behavioral therapy (CBT), motivational interviewing, and relapse prevention strategies
- Life Skills Development: improving coping mechanisms, interpersonal relationships, and self-efficacy to prepare patients for reintegration into society

Attachment A provides a site plan for the proposed Longleaf Sunshine Farm and Longleaf Lodge.

(B) PROJECT DESCRIPTION

Chapter 410-2-2 Health Priorities - The 2024-2027 Alabama State Health Plan identified six (6) Health Priorities.

(1) This section of the *SHP* underscores **certain health issues which warrant focused attention**. These few issues have been selected for a variety of reasons, including:

(a) **Unusual severity in our state**

(2) When resources are limited and needs great, focused attention on the most pressing problems will promote optimal use of any new or additional investments. What follows is a review of the health issues and health concerns, which **require priority emphasis in Alabama**.

- *Maternal and Child Health
- *Care of the Elderly/Chronically Ill
- *Rural Health Care
- *Diseases-Prevention/Management
- *Healthcare for Medically Indigent
- *Substance Use Disorder**

The problems associated with substance use and co-occurring mental illness are well established. According to 2023 National Survey on Drug Use and Health, 46.3 million (18% of population) U.S. adults met the criteria for a substance use disorder (SUD) with 44% (20.4 million individuals) of that same population having a co-occurring mental illnessⁱⁱⁱ. Although annual deaths from opioid overdose decreased slightly to over 107,000 during 2023^{iv}, it is estimated that up to 50% of those deaths were from those using stimulants^v, such as cocaine. While opioids have garnered most of the media attention and governmental

focus, alcohol use continues to be the most prevalent problem^{vi}. Each year in the United States, there are more than 178,000 deaths attributable to excessive alcohol use^{vii} and alcohol use disorder is the second most common diagnosis in those who have completed suicide^{viii}.

The State of Alabama has certainly not eluded these problems. Since 2014, the state's overdose rate has more than doubled to 31.5 per 100,000 residents^{ix}. In 2021, there were over 13,000 adult admissions to treatment services for substance use disorders^x and Alabama residents seem profoundly aware of this problem. The State Health Assessment's (SHA) Community Health Issues Survey of Top Health Concerns found that "mental health and substance abuse" ranked number one out of 14.^{xi} Additionally, the SHA found that mental health/substance abuse and access to care both ranked either first or second for the top health concerns across all Public Health Districts^{xii}. These complex problems require a comprehensive approach.

AVAILABILITY

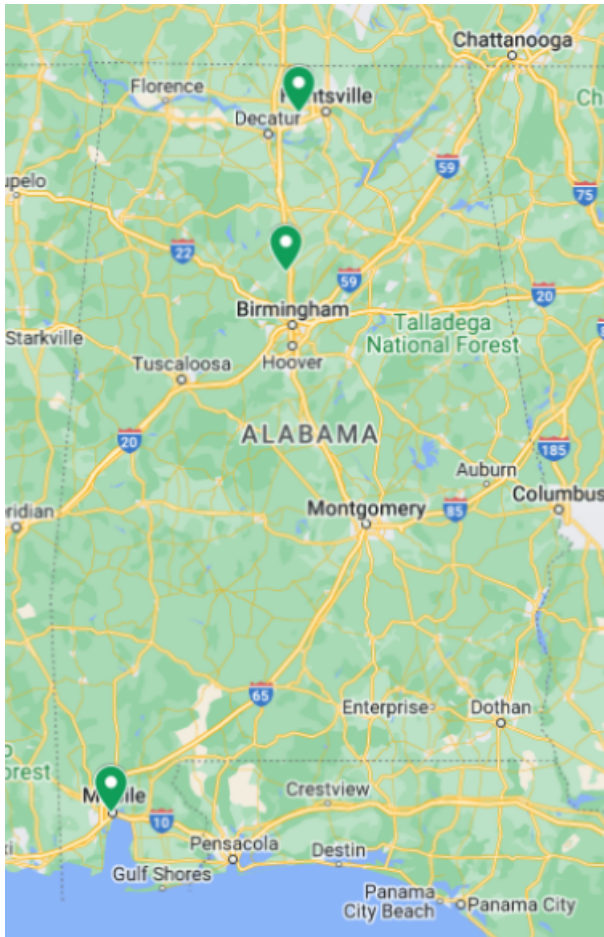
The statewide inventory of Certificate of Need Authorized Substance Use Disorder beds in Alabama is:

State Health Planning and Development Agency

Provider	County	CON Authorized Beds
Bradford Health Services Warrior Campus	Jefferson	182
Bradford Health Services Madison Campus	Madison	84
Veterans Recovery Resources	Mobile	34

December 2024, State Health Planning and Development

The following map illustrates the location of these facilities:



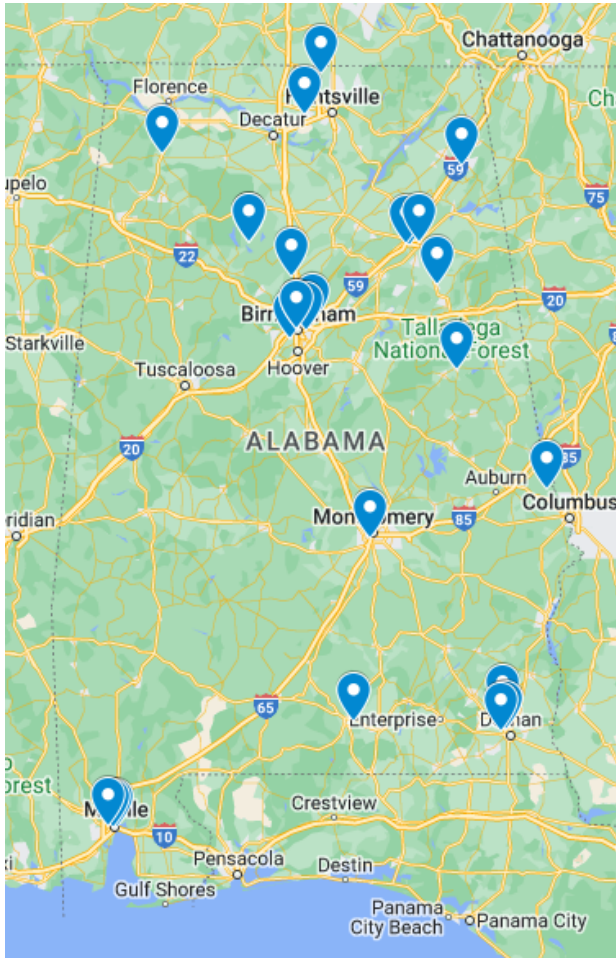
The Alabama Department of Mental Health (ADMH) certifies and contracts with facilities to provide treatment for substance abuse through State, Medicaid and Federal funding resources. ADMH provided the following inventory of ASAM Level 3.7 and 3.5 facilities:

Certification Number	Agency	# Certified Beds	Level of Care	ADDRESS	CITY	ST	ZIP
2290	Addiction MH Svcs Inc dba Bradford Health Svcs	32	Level III.7-D Medically Monitored Residential Detox Adult NTP	1189 Albritton RD	Warrior	AL	35180
2175	Addiction MH Svcs Inc dba Bradford Health Svcs	16	Level III.7-D Medically Monitored Residential Detox Adult NTP	1600 Brown's Ferry RD	Madison	AL	35758
1251	Alcohol and Drug Abuse Treatment Centers, Inc.	24	Level III.7-D Medically Monitored Residential Detox Adult Pearson Hall	2701 Jefferson AVE SW	Birmingham	AL	35211
8692	Alapointe Health Systems, Inc.	6	Level III.7-D Medically Monitored Residential Detox Adult	2401 Gordon Smith Drive	Mobile	AL	36617
8555	Veterans Recovery Resources	6	Level III.7-D Medically Monitored Residential Detox Adult NTP	1200 Springhill Avenue, Building I	Mobile	AL	36604
Total Beds		84					

Certification Number	Agency	# Certified Beds	Level of Care	ADDRESS	CITY	ST	ZIP
2291	Addiction MH Svcs Inc dba Bradford Health Svcs	150	Level III.7 Medically Monitored High Intensity Residential Adult	1189 Albritton RD	Warrior	AL	35180
89	Addiction MH Svcs Inc dba Bradford Health Svcs	40	Level III.7 Medically Monitored High Intensity Residential Adult	1600 Brown's Ferry RD	Madison	AL	35758
8600	Veterans Recovery Resources	8	Lvl III.7 Medically Monitored Intensive Residential TP for Adults	1200 Springhill Ave Building B	Mobile	AL	36604
Total Beds		198					

Certification Number	Agency	# Certified Beds	Level of Care	ADDRESS	CITY	ST	ZIP
6547	Alcohol and Drug Abuse Treatment Centers, Inc.	28	Lev III.5 Clinically Managed High Intensity Adult Residential Specialized Women Olivia House	8017 2nd Ave S	Birmingham	AL	35206
8373	Alcohol and Drug Abuse Treatment Centers, Inc.	24	LVL III.5 Clinically Managed High Intensity Adult Residential Pearson Hall	2701 Jefferson Ave SW	Birmingham	AL	35211
317	Aletheia House, Inc.	24	Level III.5 Clinically Managed High Intensity Adult Residential	1155 Air Base BLVD	Montgomery	AL	36108
8546	Aletheia House, Inc.	16	Level III.5 Adult Women Clinically Managed High Intensity Residential Lee County	5117 Lee Road 158	Salem	AL	36874
8556	Aletheia House, Inc.	24	Level III.5 Adult Male Clinically Managed High Intensity Residential	135B Finley Avenue West	Birmingham	AL	35204
8691	Aletheia House, Inc.	8	Level III.5 Specialized Women Clinically Managed High Intensity Adult Residential	4246 5th Avenue South	Birmingham	AL	35222
8566	Aletheia House, Inc.	10	Level III.5 Specialized Women Clinically Managed High Intensity Adult Residential	135B Finley Avenue West	Birmingham	AL	35204
7794	Cherokee-Etowah-Dekalb Fellowship House, Inc.	5	Level III.5 Clinically Managed High Intensity Adult Residential	4209 Brooke Ave	Gadsden	AL	35904
7352	Client Care Continuum, Inc.	3	Level III.5 Clinically Managed High Intensity Adult Residential Co-Occurring Enhance	200 CR 3941 Bldg B6	Arley	AL	35541
7345	Client Care Continuum, Inc.	3	Level III.5 Clinically Managed High Intensity Adult Residential Co-Occurring Enhance	200 CR 3941 BLDG B3	Arley	AL	35541
8567	Coosa Community Services, Inc.	10	Level III.5 Adult Female Clinically Managed High Intensity Adult Residential	51 Wesobulga Street	Lineville	AL	36266
7062	Family Life Center, Inc.	15	Level III.5 Clinically Managed High Intensity Adult Residential RaphaTmtCr For Women Lvl III.5 Clinically Managed High Intensity Adult Residential	677 W Covington Ave	Attalla	AL	35954
8695	Family Life Center, Inc.	8	Intensity Adult Residential	398 Posey Road	Fort Payne	AL	35968
6119	Marshall-Jackson MHB, Inc. DBA Mtn Lakes	31	Level III.5 Clinically Managed High Intensity Adult Residential	22165 US Hwy 431	Guntersville	AL	35976
5118	New Centurions, Inc.	18	Level III.5 Clinically Managed High Intensity Adult Residential for Women	102 Centurion Way	Gadsden	AL	35904
1478	Riverbend Center for Mental Health	12	Level III.5 Clinically Managed High Intensity Adult Residential	1163 Washington AVE SW	Russellville	AL	35653
4697	South Central Alabama MH Board, Inc.	16	Level III.5 Clinically Managed High Intensity Adult Residential Male	205 Academy DR	Andalusia	AL	36420
4678	SpectraCare Health Systems, Inc.	8	Midland City Co-Occurring I CRF Level III.5 Clinically Managed High Intensity Adult Residential	6075 CRF 14	Midland City	AL	36350
4677	SpectraCare Health Systems, Inc.	8	Midland City Co-Occurring II CRF Level III.5 Clinically Managed High Intensity Adult Residential	6129 CR 14	Midland City	AL	36350
7565	SpectraCare Health Systems, Inc.	16	The Haven CRF Level III.5 Clinically Managed High Intensity Adult Residential Men	1001 John D. Odom RD	Dothan	AL	36303
7564	SpectraCare Health Systems, Inc.	16	The Haven Level III.5 Clinically Managed High Intensity Adult Residential Women	1033 John D. Odom RD	Dothan	AL	36303
8040	The Shoulder of the Central Gulf Coast, Inc.	16	Level III.5 Clinically Managed High Intensity Adult Residential	6801 Three Notch Road	Mobile	AL	36119
8562	Veterans Recovery Resources	8	Level III.5 Clinically Managed High Intensity Adult Residential	1200 Springhill Avenue Bldg B	Mobile	AL	36604
8308	WellStone, Inc.	8	River Valley Recovery Center Lvl III.5 Clinically Managed High Intensity Adult Residential	2582 Charity Lane	Hazel Green	AL	35750
Total Beds		335					

The following map illustrates the location of ADMH certified and contract facilities:



ACCESSIBILITY

There are no substance use beds in Shelby County that provide ASAM Level 3.7 and 3.5 care according to the SHPDA and ADMH facility database.

The proposed location of Longleaf Lodge in Shelby County is convenient to Birmingham-Shuttlesworth International Airport. This central location ensures accessibility for clients in the Birmingham metro area and is within driving distance of Longleaf’s current Huntsville and Spanish Fort locations, making it an ideal hub for statewide care.

COST

According to the National Institute on Drug Abuse (NIDA), drug addiction costs the United States over \$740 billion per annum, with yearly associated healthcare costs alone totaling \$11 billion.

Longleaf Lodge will primarily utilize commercial insurance and self-pay arrangements to cover the cost of services. This approach ensures accessibility for a wide range of individuals seeking high-quality residential treatment. The facility is in-network with major commercial insurers, providing seamless billing processes and reducing out-of-pocket expenses for clients. Additionally, for clients without insurance or those seeking alternative payment methods, Longleaf Lodge will offer competitive self-pay rates with flexible payment plans tailored to individual financial circumstances.

Longleaf accepts most private insurance plans including:



QUALITY OF HEALTHCARE

Longleaf will obtain Joint Commission Accreditation for the residential location as they have with all other services provided to ensure that quality and safety are maintained and standards of care are exceeded. Utilizing evidence-based practices, Longleaf will track outcome measures related to clients increased quality of life, improved health and wellbeing, transformations in family relationships, and clients having obtained self-efficacy skills.

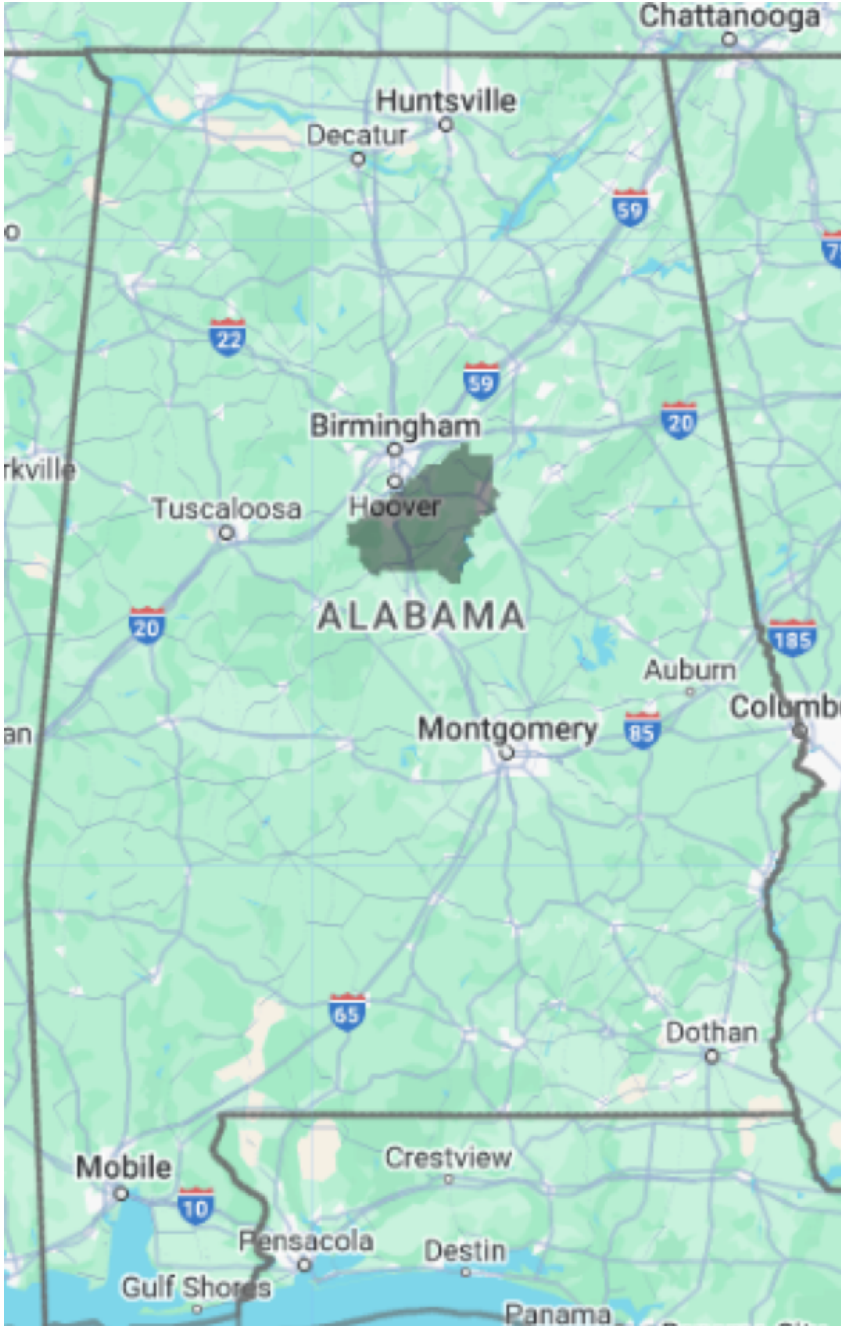
Longleaf has been approved by both the Alabama Board of Nursing and the Alabama Physicians Health Program to conduct evaluations and provide high-quality treatment.

The proposed location will, as demonstrated by Longleaf's existing facilities, establish collaborative partnerships with area hospitals, which allow for streamlined admissions and timely placement of patients.

(C) Service Area

The primary service area for the proposed Plan Adjustment is Shelby County.

Primary Service Area



(D) POPULATION PROJECTIONS

Shelby County has experienced tremendous overall population growth of 124.5% from 1990 to 2020. As shown below, Shelby County’s growth rate from 2025 to 2050 will be almost twice that of the State of Alabama.

Population Projections

AREA	2025	2030	2035	2040	2045	2050
Shelby	232,286	242,228	247,705	253,821	253,705	258,822
Alabama	5,100,644	5,197,874	5,274,912	5,347,155	5,370,745	5,421,450

US Census Bureau, CBER, University of Alabama, October 2024

(E) NEED FOR THE ADJUSTMENT

Alabama State Health Plan 410-2-4-.11 Substance Use

The Alabama Department of Mental Health (DMH) has developed a substance use bed need methodology, which is based upon a formula utilized in other states, commonly referred to as the “Mardin Formula.” The SHP describes the Mardin Formula as a prevalence-based formula chosen in lieu of a utilization-based formula due to a lack of comprehensive information on residential treatment center utilization.

To better assess the prevalence of SUD in Alabama and Shelby County, the Mardin Formula calculations below use recent prevalence and treatment statistics obtained from the Substance Abuse and Mental Health Services Administration (SAMHSA), alongside demographic data from the U.S. Census.

Based on the Mardin Formula, the unmet need for substance use beds is significant:

Area	Substance Use Bed Unmet Need
Shelby County	56
Alabama	616

Mardin Formula calculations are shown below:

Shelby County

Calculations	Revised instructions based on 2023 SAMHSA SUD prevalence data. ^{xiii}
26,958 x .171 =4,609.82	Step 1: Multiply the population ages 10-17 by 17.1%, which is the proportion assumed to have problems with substance use disorder;
18,703 x .271 =5,068.51	Step 2: Multiply the population ages 18-24 by 27.1%, which is the proportion assumed to have problems with substance use disorder;
161,917 x .166 =26,878.22	Step 2a: Multiply the population ages 25 and older by 16.6%, which is the proportion assumed to have problems with substance use disorder
36,556.55 x .146 =5,337.26	Step 3: Multiply the sum of steps 1 and 2 by 14.6%, which is the proportion who will seek treatment annually;
5,337.26 x .6 =3,202.35 x 3 =9,607.06 pt. days	Step 4: Multiply the product in step 3 by 60% which is the proportion of those seeking treatment who will require detoxification services for 3 days. Calculate total number of patient days;
3,202.35 x .5 =1,601.18 x 10 =16,011.77 pt. days	Step 5: Multiply those receiving detoxification services by 50%, which is the proportion who will need residential treatment for 10 days. Calculate total number of patient days;
25,618.83 total pt. days	Step 6: Add the patient days in steps 4 and 5 to arrive at total patient days;
70.19	Step 7: Divide by 365 to determine average daily census (ADC);
56.15	Step 8: Divide by 80% occupancy to arrive at total needed beds;
56.15 – 0 public = 56.15	Step 9: Subtract existing public beds to arrive at total private bed need:
56.15 – 0 private =56.15 beds needed	Step 10: Subtract existing private beds to determine need or excess.

Alabama

Calculations	Revised instructions based on 2023 SAMHSA SUD prevalence data. ^{xiv}
535,896 x .171 =91,638.22	Step 1: Multiply the population ages 10-17 by 17.1%, which is the proportion assumed to have problems with substance use disorder;
479,855 x .271 =130,040.71	Step 2: Multiply the population ages 18-24 by 27.1%, which is the proportion assumed to have problems with substance use disorder;
3,498,967 x .166 =580,828.52	Step 2a: Multiply the population ages 25 and older by 16.6%, which is the proportion assumed to have problems with substance use disorder
802,507.44 x .146 =117,166.09	Step 3: Multiply the sum of steps 1 and 2 by 14.6%, which is the proportion who will seek treatment annually;
117,166.09 x .6 =70,299.65 x 3 =210,898.96 pt. days	Step 4: Multiply the product in step 3 by 60% which is the proportion of those seeking treatment who will require detoxification services for 3 days. Calculate total number of patient days;
70,299.59 x .5 =35,149.83 x 10 = 351,498.26 pt. days	Step 5: Multiply those receiving detoxification services by 50%, which is the proportion who will need residential treatment for 10 days. Calculate total number of patient days;
562,397.22 total pt. days	Step 6: Add the patient days in steps 4 and 5 to arrive at total patient days;
1,540.81	Step 7: Divide by 365 to determine average daily census (ADC);
1,232.65	Step 8: Divide by 80% occupancy to arrive at total needed beds;
1,232.65-317 =915.65	Step 9: Subtract existing public beds to arrive at total private bed need:
915.65-300 = 615.65 beds needed	Step 10: Subtract existing private beds to determine need or excess.

A high-level review of SUD providers may appear to indicate a sufficient number of opportunities for both detox and residential services, but this review is missing a critical element of consideration. That is sixty-seven percent (67%) of Alabama residents are covered by commercial insurance^{xv} To receive detox services, commercially insured individuals are often relegated to a handful of facilities around the state. Although traditional hospitals are capable of providing detox services, providing these services in hospital environments is problematic from a variety of perspectives.

Research indicates that longer duration of treatment is associated with better treatment outcomes^{xvi}, therefore detox and residential services are commonly provided in the same program.

Longleaf Lodge aims to fill this critical gap in treatment opportunities for individuals with commercial insurance.

(F) UTILIZATION

Current Utilization

Based on the 2023 Substance Use Treatment Services State Profile by the National Substance Use and Mental Health Services Survey, the utilization rate for Alabama is:

2023 Alabama Substance Use Residential Facility Utilization

Number of Facilities	Number of Clients	Number of Designated Beds	Utilization Rate
19	501	573	87.4%

2024, SAMHSA, US Dept Health Human Services

Projected Utilization

Applying the 2023-2030 Shelby County population growth rate, projected utilization, including the proposed project, for Alabama is:

2030 Alabama Substance Use Residential Facility Utilization

Number of Facilities	Number of Clients	Number of Designated Beds	Utilization Rate
20	531	633	83.9%

2024, SAMHSA, US Dept Health Human Services
US Census, CBER, Univ of Alabama, Oct 2024

The 2023 Substance Use Treatment Services State Profile – Alabama is provided in Attachment B.

(G) STAFFING

Longleaf Lodge has assembled all necessary leadership staff to effectively operate the proposed program. Leveraging strong community relationships, a skilled team of current employees, established partnerships with universities, and a solid reputation within the field, we are confident in our ability to recruit any additional staff required to support the program.

Longleaf Lodge has a multidisciplinary treatment team under the direction of a medical director licensed as a psychiatrist. All staff are qualified to provide the services they render. The team includes social workers, counselors, nurses, certified peer specialists, recreational therapists, activity therapists, and other staff trained to treat clients with substance use disorders.

At a minimum, the treatment team will include a psychiatrist, program director, and clinical director each holding a master’s degree in the behavioral health field with a minimum of two years post-master’s direct experience with substance use disorder, a full-time certified nurse practitioner, a master’s level clinician, and a licensed registered nurse. The program director, clinical director, medical director, and a master’s level clinician will be available 24 hours per day. A minimum of one licensed registered nurse and a trained behavioral health technician will each be present during the hours of program operation. The minimum staff-to-recipient ratio will be one to ten (1:10); one medical staff member for every ten clients. Each client will be assigned a primary clinician to implement/coordinate the services identified in the treatment plan.

Longleaf facilities provide clinical rotations site for counselor interns, social worker interns, nurse practitioner students, and medical residents. Clinical and medical professional programs rotating through Longleaf include:

**Samford University
University of Montevallo
Indiana Wesleyan University**

**U. of Al – Birmingham
Wake Forest University
U. of West Alabama**

**Colorado Christian University
Virginia Commonwealth
VCOM – Auburn University**

(H) EFFECT ON EXISTING FACILITIES OR SERVICES

Longleaf Recovery & Wellness is committed to supporting the broader treatment community in Alabama and beyond. Our presence enhances the continuum of care, rather than competing with other providers:

- **Referral Partnerships: On average, we refer three clients per month to existing providers and approximately 40 clients per month to out-of-state providers, demonstrating our role as a resource for the industry.**
- **Support for Challenging Cases: We provide a valuable option for clients who have had multiple treatment stays at other facilities or those on “do not admit” lists, helping these individuals access the care they need.**
- **Collaboration Over Competition: By complementing the services offered by other providers, we contribute to a stronger treatment ecosystem that prioritizes client outcomes.**

In addition, this Plan Adjustment determined:

- **The Statewide Health Coordinating Council and Governor Ivey have identified Substance Use Disorder as a Health Priority in the 2024-2027 Alabama State Health Plan which warrants focused attention and requires priority emphasis.**
- **The calculated unmet need for Substance Use Beds is significant.**
- **The current utilization of existing facilities is 87.4%**
- **There are no Substance Use Beds in Shelby County.**
- **The outpouring of community support for the proposed project speaks volumes.**

Given these and other factors, no detrimental effect should be experienced by other providers in the State.

(I) COMMUNITY REACTION

Excerpts from Letters of Support for the Plan Adjustment:

“Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

“I fully support this effort and encourage swift adoption of Longleaf’s proposed plan.”

Will Ainsworth
Lieutenant Governor
State of Alabama

“The Alabama Department of Mental Health (ADMH) is committed to increasing access to evidence-based treatment for Alabamians with Substance Use Disorder.I would like to express ADMH’s support of this initiative, as well as other initiatives that increase our state’s evidenced-based treatment capacity.”

Kimberly G. Boswell
Commissioner, Alabama Department of Mental Health

“I firmly believe that Longleaf’s efforts to open a residential treatment facility is a vital step toward addressing the pressing needs of our community. I support their efforts and encourage you to adopt their strategic plan.”

Judge Maria Fortune
District Court Judge
Tenth Judicial Circuit of Alabama

Attachment C provides all of the Letters of Support.

ⁱ The American Society of Addiction Medicine (ASAM) Criteria Continuum of Care recognizes five broad levels of adult addiction treatment (0.5,1,2,3 &4), with 0 being the lowest level of care and 4 being the highest. Decimal numbers are used to further express gradations of intensity of services. See “About The ASAM Criteria,” at <https://www.asam.org/asam-criteria/about-the-asam-criteria>. Accessed 2 Jan. 2025.

ⁱⁱ Level of care recommendations and treatment plans are developed based on multidimensional patient assessments that consider the patient’s biomedical, psychological, and social needs. See “About The ASAM Criteria,” at <https://www.asam.org/asam-criteria/about-the-asam-criteria>. Accessed 2 Jan. 2025.

ⁱⁱⁱ Substance Abuse and Mental Health Services Administration. (2024). Key substance use and mental health indicators in the United States: Results from the 2023 National Survey on Drug Use and Health (HHS Publication No. PEP24-07-021, NSDUH Series H-59). Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. <https://www.samhsa.gov/data/report/2023-nsduh-annual-national-report>

^{iv} Centers for Disease Control and Prevention. “U.S. Overdose Deaths Decrease in 2023, First Time since 2018.” www.cdc.gov, 14 May 2024. Retrieved from www.cdc.gov/nchs/pressroom/nchs_press_releases/2024/20240515.htm. Accessed 20 Dec. 2024.

^v The. “Stimulant Use Is Contributing to Rising Fatal Drug Overdoses.” Pewtrusts.org, The Pew Charitable Trusts, 12 Aug. 2024. Retrieved from www.pewtrusts.org/en/research-and-analysis/fact-sheets/2024/08/stimulant-use-is-contributing-to-rising-fatal-drug-overdoses. Accessed 20 Dec. 2024.

^{vi} Substance Abuse and Mental Health Services Administration: Treatment Episode Data Set (TEDS) 2021: Admissions to and Discharges from Substance Use Treatment Services Reported by Single State Agencies. Publication No. PEP23-07-00-004 MD: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, 2023.

^{vii} “Alcohol-Related Emergencies and Deaths in the United States | National Institute on Alcohol Abuse and Alcoholism (NIAAA).” Nih.gov, 2024. Retrieved from www.niaaa.nih.gov/alcohols-effects-health/alcohol-topics-z/alcohol-facts-and-statistics/alcohol-related-emergencies-and-deaths-united-states. Accessed 20 Dec. 2024.

^{viii} “Alcohol-Related Emergencies and Deaths in the United States | National Institute on Alcohol Abuse and Alcoholism (NIAAA).” Nih.gov, 2024. Retrieved from www.niaaa.nih.gov/alcohols-effects-health/alcohol-topics-z/alcohol-facts-and-statistics/alcohol-related-emergencies-and-deaths-united-states. Accessed 20 Dec. 2024.

^{ix} “Alabama Department of Mental Health | Understanding the Opioid Crisis.” Alabama Department of Mental Health. Retrieved from <https://mh.alabama.gov/understanding-the-opioid-crisis/>. Accessed 20 Dec. 2024.

^x Substance Abuse and Mental Health Services Administration. (2023). Treatment Episode Data Set 2021: Annual Detailed Tables. Rockville, MD: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. Retrieved from <https://www.samhsa.gov/data/>. Accessed 20 Dec. 2024.

^{xi} “The 2019 State Health Assessment’s Community Health Issues Survey Results: Top 14 Health Concerns” Alabama Department of Public Health, 2021. Retrieved from https://www.alabamapublichealth.gov/opm/assets/sha_top14-health-concerns.pdf. Accessed 20 Dec. 2024.

^{xii} “2019 SHA Top Health Concerns by Public Health Districts” Alabama Department of Public Health, 2021. Retrieved from https://www.alabamapublichealth.gov/opm/assets/sha_top5-health-concerns-by-district.pdf. Accessed 20 Dec. 2024

^{xiii} SAMHSA, “Key Substance Use and Mental Health Indicators in the United States: Results from the 2023 National Survey on Drug Use and Health,” Tables A.15B, A.30AB (July 2024), Retrieved from <https://www.samhsa.gov/data/sites/default/files/reports/rpt47095/National%20Report/National%20Report/2023-nsduh-annual-national.pdf>. Accessed 8 Jan. 2025.

^{xiv} SAMHSA, “Key Substance Use and Mental Health Indicators in the United States: Results from the 2023 National Survey on Drug Use and Health,” Tables A.15B, A.30AB (July 2024), Retrieved from <https://www.samhsa.gov/data/sites/default/files/reports/rpt47095/National%20Report/National%20Report/2023-nsduh-annual-national.pdf>. Accessed 8 Jan. 2025.

^{xv} Conway, Douglas, and Breana Branch. “Health Insurance Coverage Status and Type by Geography: 2021 and 2022.” Sept. 2023. Retrieved from www.census.gov/content/dam/Census/library/publications/2023/acs/acsbr-015.pdf. Accessed 20 Dec. 2024.

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**ATTACHMENT A
LONGLEAF SUNSHINE FARM
LONGLEAF LODGE**



ATTACHMENT B
2023 SUBSTANCE USE TREATMENT
SERVICES STATE PROFILE
ALABAMA



2023 Substance Use Treatment Services State Profile—Alabama National Substance Use and Mental Health Services Survey (N-SUMHSS)

This section of the state profile provides data on substance use treatment facilities' characteristics, services offered, client numbers and a mapping of treatment facility locations within the state. For more information on N-SUMHSS, please visit <https://www.samhsa.gov/data/data-we-collect/n-sumhss-national-substance-use-and-mental-health-services-survey>.

In the 2023 N-SUMHSS, Alabama had 141 substance use treatment facilities that reported 13,969 clients in substance use treatment on March 31, 2023. The survey response rate for substance use treatment facilities in Alabama was 88.7 percent.

Facility Operation

	Clients in treatment on March 31, 2023					
	Facilities		All clients		Clients under the age of 18 years	
	N	%	N	%	N	%
Private for-profit organization	52	36.9	10,100	72.3	67	18.6
Private non-profit organization	74	52.5	3,366	24.1	275	76.4
State government	2	1.4	12	0.1	--	--
Local, county, or community government	6	4.3	385	2.8	18	5.0
Tribal government	--	--	--	--	--	--
Federal government	3	2.1	106	0.8	--	--
Total	141	100.0	13,969	100.0	360	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Clients in Treatment for Substance Use Disorders

	Clients in treatment on March 31, 2023							
	Facilities ¹		All Clients ²			Clients aged 18 years and older		
	N	%	N	%	Clients per 100,000 population ³	N	%	Clients per 100,000 population aged 18 years and older ³
Both alcohol and substances other than alcohol	81	77.9	3,521	25.9	69	3,281	24.8	82
Only alcohol	65	62.5	879	6.5	17	846	6.4	21
Only substances other than alcohol	83	79.8	9,177	67.6	180	9,090	68.8	229
Total	104		13,577	100.0	266	13,217	100.0	332

¹Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

²States report substance use disorders treated in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

³Rate per 100,000 population and rate per 100,000 population aged 18 years and older were calculated using 2023 population estimates from the [U.S. Census Bureau](https://www.census.gov).

Facility Capacity and Utilization Rate¹

	Residential	Hospital inpatient
Number of facilities	19	10
Number of clients ²	501	321
Number of designated beds	573	430
Utilization rate ³	87.4	74.7
Average number of designated beds per facility	30	43

¹Excludes facilities not reporting number of beds.

²Number of clients was calculated using the unrolled client counts on March 31, 2023 for accuracy. Please refer to the [2023 N-SUMHSS Annual Report](#) for details on unrolling client counts.

³Utilization rate=(Number of clients/number of designated bed)*100. Because clients may also occupy non-designated beds, utilization rate may exceed 100 percent.

Type of Care

	Clients in treatment on March 31, 2023							
	Facilities		All Clients				Clients under the age of 18 years	
	N	%	Median number of clients ¹				N	%
			N	%	OTP facility ²	Non-OTP facility		
Outpatient	109	77.3	13,149	94.1	367	42	328	91.1
Detoxification	19	13.5	14	0.1	--	--		
Methadone/buprenorphine maintenance or naltrexone treatment	61	43.3	8,631	61.8	365	--		
Day treatment or partial hospitalization	6	4.3	26	0.2	--	--		
Intensive	46	32.6	705	5.0	--	--		
Regular	100	70.9	3,773	27.0	--	25		
Residential (non-hospital)	31	22.0	501	3.6	--	23	32	8.9
Detoxification	2	1.4	--	--	--	--		
Short term (≤ 30 days)	16	11.3	119	0.9	--	--		
Long term (> 30 days)	25	17.7	382	2.7	--	14		
Hospital inpatient	14	9.9	319	2.3	92	12	--	--
Detoxification	10	7.1	44	0.3	4	4		
Treatment	8	5.7	275	2.0	88	3		
Total	141		13,969	100.0	356	32	360	100.0

Note: Facilities may provide more than one type of care.

¹Median number of clients was calculated using the unrolled client counts for accuracy. Please refer to the [2023 N-SUMHSS Annual Report](#) for details on unrolling client counts.

²OTP= Federally certified Opioid Treatment Program.

Facility Licensing, Certification, or Accreditation

	N	%
Any listed agency/organization¹	131	92.9
State substance use treatment agency	91	64.5
State mental health department	103	73.0
State department of health	25	17.7
Hospital licensing authority	6	4.3
The Joint Commission	30	21.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	17	12.1
National Committee for Quality Assurance (NCQA)	2	1.4
Council on Accreditation (COA)	3	2.1
Healthcare Facilities Accreditation Program (HFAP)	--	--
SAMHSA certification for Opioid Treatment Program (OTP)	27	19.1
Drug Enforcement Agency (DEA)	22	15.6
Other national organization or federal, state, or local agency	8	5.7
Not licensed, certified, or accredited	5	3.5

¹Facilities are licensed, certified, or accredited by one or more agencies/organizations listed in this table.

Facility Funding

	Facilities	
	N	%
Receives any funding or grants from the Federal Government, or state, county, or local governments, to support its substance use programs	96	68.1

Facility Payment Options

	N	%
No payment accepted (free treatment for all clients)	--	--
Cash or self-payment	127	90.1
Medicare	66	46.8
Medicaid	92	65.2
State-financed health insurance plan other than Medicaid	41	29.1
Federal military insurance (such as TRICARE)	56	39.7
Private health insurance	100	70.9
SAMHSA funding/block grants	73	51.8
IHS/Tribal/Urban (ITU) funds	2	1.4
Other	6	4.3
Sliding fee scale	84	59.6
Treatment at no charge or minimal payment for clients who cannot pay	69	48.9

Note: Facilities may accept more than one type of payment.

Types of Services Offered	Facilities	
	N	%
Assessment and pre-treatment services		
Screening for substance use	133	94.3
Screening for mental disorders	94	66.7
Comprehensive substance use assessment or diagnosis	131	92.9
Comprehensive mental health assessment or diagnosis	47	33.3
Complete medical history and physical exam performed by a healthcare practitioner	62	44.0
Screening for tobacco use	106	75.2
Outreach to persons in the community who may need treatment	118	83.7
Interim services for clients when immediate admission is not possible	94	66.7
Professional interventionist/educational consultant	32	22.7
None of the assessment and pre-treatment services above are offered	2	1.4
Testing		
Drug and alcohol oral fluid testing	63	44.7
Breathalyzer or other blood alcohol testing	63	44.7
Drug or alcohol urine screening	132	93.6
Testing for hepatitis B (HBV)	37	26.2
Testing for hepatitis C (HCV)	48	34.0
HIV testing	56	39.7
STD testing	33	23.4
TB screening	102	72.3
Testing for metabolic syndrome	29	20.6
None of these testing services above are offered	3	2.1
Medical services		
Hepatitis A (HAV) vaccination	16	11.3
Hepatitis B (HBV) vaccination	17	12.1
None of the medical services above are offered	111	78.7
Transitional services		
Discharge planning	134	95.0
Aftercare/continuing care	126	89.4
Naloxone and overdose education	104	73.8
Outcome follow-up after discharge	115	81.6
None of the transitional services above are offered	--	--
Recovery support services		
Mentoring/peer support	114	80.9
Self-help groups (for example, AA, NA, SMART Recovery)	55	39.0
Assistance in locating housing for clients	83	58.9
Employment counseling or training for clients	62	44.0
Assistance with obtaining social services (for example, Medicaid, WIC, SSI, SSDI)	105	74.5
Recovery coach	26	18.4
None of the recovery support services above are offered	5	3.5
Education and counseling services		
HIV or AIDS education, counseling, or support	101	71.6
Hepatitis education, counseling, or support	91	64.5
Health education other than HIV/AIDS or hepatitis	90	63.8
Substance use disorder education	139	98.6
Smoking/tobacco cessation counseling	90	63.8
Individual counseling	133	94.3

Continued

For a symbol key, see the last page of this state substance use treatment services profile.

Types of Services Offered (continued)		
	Facilities	
	N	%
Group counseling	127	90.1
Family counseling	107	75.9
Marital/couples counseling	48	34.0
Vocational training or educational support	30	21.3
None of the education and counseling services above are offered	1	0.7
Ancillary services		
Case management services	132	93.6
Integrated primary care services	25	17.7
Social skills development	87	61.7
Child care for clients' children	5	3.5
Domestic violence services, including family or partner violence services for physical, sexual, or emotional abuse	36	25.5
Early intervention for HIV	33	23.4
Transportation assistance to treatment	44	31.2
Mental health services	66	46.8
Suicide prevention services	81	57.4
Acupuncture	2	1.4
Residential beds for clients' children	1	0.7
None of the ancillary services above are offered	4	2.8
Other services		
Treatment for gambling disorder	17	12.1
Treatment for other addiction disorder (non-substance use disorder)	33	23.4
None of the other services above are offered	80	56.7
Pharmacotherapies		
Disulfiram	25	17.7
Naltrexone (oral)	49	34.8
Naltrexone (extended-release, injectable)	37	26.2
Acamprosate	30	21.3
Nicotine replacement	37	26.2
Non-nicotine smoking/tobacco cessation medications (for example, bupropion, varenicline)	33	23.4
Medications for mental disorders	63	44.7
Methadone	18	12.8
Buprenorphine/naloxone	64	45.4
Buprenorphine without naloxone	46	32.6
Buprenorphine sub-dermal implant	13	9.2
Buprenorphine (extended-release, injectable)	29	20.6
Medications for HIV treatment (for example, antiretroviral medications such as tenofovir, efavirenz, emtricitabine, atazanavir, and lamivudine)	15	10.6
Medications for pre-exposure prophylaxis	7	5.0
Medications for hepatitis C (HCV) treatment (for example, sofosbuvir, ledipasvir, interferon peginterferon, ribavirin)	21	14.9
Lofexidine	15	10.6
Clonidine	35	24.8
Medication for other medical conditions	15	10.6
None of these pharmacotherapy services offered	45	31.9

Clinical/Therapeutic Approaches Used Frequently

	Opioid Use Disorder		Other substances	
	Facilities			
	N	%	N	%
Substance use disorder counseling	131	92.9	126	89.4
12-step facilitation	61	43.3	60	42.6
Brief intervention	88	62.4	83	58.9
Cognitive behavior therapy	117	83.0	115	81.6
Contingency management/motivational incentives	72	51.1	75	53.2
Motivational interviewing	114	80.9	111	78.7
Trauma-related counseling	102	72.3	103	73.0
Anger management	102	72.3	101	71.6
Matrix model	66	46.8	65	46.1
Community reinforcement plus vouchers	13	9.2	16	11.3
Relapse prevention	124	87.9	118	83.7
Telemedicine/telehealth therapy	100	70.9	98	69.5
Other treatment approach	18	12.8	14	9.9
None of the clinical/therapeutic approaches above are offered	--	--	--	--

Services in Sign Language for the Deaf and Hard-of-Hearing and in Languages Other than English

	Facilities	
	N	%
Sign language	71	50.4
Any language other than English	69	48.9
Languages provided by staff counselor¹		
Spanish	6	100.0
American Indian/Alaska Native languages	--	--
All other languages	2	33.3

¹Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically Tailored Programs or Groups

	Facilities	
	N	%
Any program or group	102	72.3
Adolescents	31	22.0
Young adults	36	25.5
Adult women	60	42.6
Pregnant or postpartum women	39	27.7
Adult men	67	47.5
Seniors or older adults	33	23.4
LGBTQ clients ¹	31	22.0
Veterans	38	27.0
Active duty military	23	16.3
Members of military families	25	17.7
Criminal justice clients (other than DUI/DWI ²)	41	29.1
Clients with co-occurring mental and substance use disorders	59	41.8
Clients with co-occurring pain and substance use disorders	27	19.1
Clients with HIV or AIDS	32	22.7
Clients who have experienced sexual abuse	32	22.7
Clients who have experienced intimate partner violence, domestic violence	34	24.1
Clients who have experienced trauma	51	36.2
DUI/DWI clients	10	7.1
Other	12	8.5
No specifically tailored programs or groups are offered	39	27.7

¹LGBTQ=Lesbian, gay, bisexual, transgender, or queer/questioning.

²DUI/DWI=driving under the influence/driving while intoxicated or impaired.

Facilities Providing Medications for Opioid Use Disorder (MOUD) and Clients Receiving MOUD at Certified Opioid Treatment Program (OTP) Facilities and Non-OTP Facilities

	N	%¹
Facilities with OTPs²	25	1.2
Clients receiving MOUD at OTP facilities³		
Any MOUD ⁴	6,505	1.5
Methadone	6,062	1.6
Buprenorphine	431	0.8
Naltrexone	12	0.2
Clients receiving MOUD at non-OTP facilities⁵		
Any MOUD ⁶	3,231	1.2
Buprenorphine	2,691	1.1
Naltrexone	540	1.8

¹Denominator for calculating the percentage is total count of facilities in the U.S.

²Percentage of all facilities with OTPs in the U.S.

³Percentage of all clients receiving methadone, buprenorphine, or naltrexone at facilities with OTPs in the U.S; see [2023 N-SUMHSS Annual Report](#) for details.

⁴Consists of clients receiving methadone, buprenorphine, or naltrexone.

⁵Percentage of all clients receiving buprenorphine or naltrexone at non-OTP facilities in the U.S; see [2023 N-SUMHSS Annual Report](#) for details.

⁶Consists of clients receiving buprenorphine or naltrexone.

Clients Receiving MOUD at OTP Facilities

Clients in treatment on March 31, 2023

Clients per 100,000 population¹

Any MOUD ²	127
Methadone	119
Buprenorphine	8
Naltrexone	†

¹Rate per 100,000 was calculated using 2023 population estimates from the [U.S. Census Bureau](https://www.census.gov).

²Includes clients receiving methadone, buprenorphine, or naltrexone.

Data in this profile are from substance use treatment facilities that reported to the N-SUMHSS and are based on the survey's reference date, March 31, 2023. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

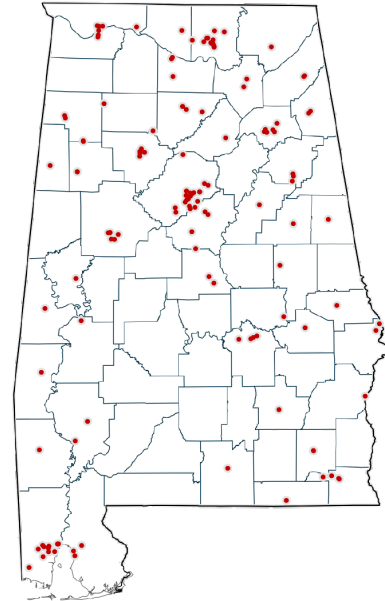
Recommended Citation: Substance Abuse and Mental Health Services Administration. (2024). *National Substance Use and Mental Health Services Survey (N-SUMHSS) State Profiles 2023*. Rockville, MD: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. Retrieved from <https://www.samhsa.gov/data/>.

The latest N-SUMHSS report and annual detailed tables are available at: <https://www.samhsa.gov/data/data-we-collect/n-sum-hss-national-substance-use-and-mental-health-services-survey>.

The latest N-SUMHSS public use files are available at: <https://www.datafiles.samhsa.gov/data-sources>.

For information on individual facilities, access SAMHSA's FindTreatment.gov at: <https://findtreatment.gov/>.

Location of Treatment Facilities



Symbol Key (where applicable)

-- Quantity is zero; * Less than 0.05; † Less than 0.5; ‡ No facilities in this category.



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data



<https://www.samhsa.gov/data/quick-statistics>

ATTACHMENT C

LETTERS OF SUPPORT



WILL AINSWORTH
LIEUTENANT GOVERNOR



ALABAMA STATE HOUSE
MONTGOMERY, ALABAMA 36130

STATE OF ALABAMA

December 18, 2024

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the work-place. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

Longleaf Recovery & Wellness currently operate outpatient facilities in Huntsville, Birmingham, and south Alabama providing addiction recovery care. Their comprehensive approach incorporates psychotherapy, medication, and support networks addressing both the addictive behaviors and underlying mental health issues.

Longleaf Recovery & Wellness seeks to add substance use treatment beds in order to complement their statewide efforts to improving recovery outcomes.

I fully support this effort and encourage swift adoption of Longleaf's proposed plan.

Sincerely,

A handwritten signature in black ink, appearing to be "W. Ainsworth".

Will Ainsworth
Lieutenant Governor



Kay Ivey
Governor

STATE OF ALABAMA
DEPARTMENT OF MENTAL HEALTH

RSA UNION BUILDING
100 NORTH UNION STREET
POST OFFICE BOX 301410
MONTGOMERY, AL 36130-1410
WWW.MH.ALABAMA.GOV



Kimberly G. Boswell
Commissioner

January 2, 2025

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, AL

Dear Ms. Marsal:

The Alabama Department of Mental Health (ADMH) is committed to increasing access to evidence-based treatment for Alabamians with Substance Use Disorder.

Longleaf Recovery & Wellness currently operates multiple outpatient facilities and programs certified by ADMH. To increase the state's capacity of providers, Longleaf seeks to add substance use treatment beds in a manner compliant with the Alabama Department of Mental Health's certification requirements.

As the Certificate of Need Review Board considers this effort, I would like to express ADMH's support of this initiative, as well as other initiatives that increase our state's evidence-based treatment capacity.

Sincerely,

A handwritten signature in blue ink that reads "Kimberly G. Boswell".

Kimberly G. Boswell
Commissioner, Alabama Department of Mental Health





MARIA C. FORTUNE
DISTRICT COURT JUDGE
TENTH JUDICIAL CIRCUIT OF ALABAMA
Mel Bailey Criminal Justice Center
Courtroom 305
801 North Richard Arrington, Jr. Blvd.
Birmingham, Alabama 35203

Judge's Chambers
Telephone: (205) 325-5013
Facsimile: (205) 325-4870
Email: maria.fortune@alacourt.gov

John Turner
Judicial Assistant
Aundre Hutchinson
Bailiff

January 5, 2025

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

**RE: Statewide Health Coordinating Council
Certificate of Need Review Board**

Dear Ms. Marsal:

I am writing to express my support for the establishment of a residential treatment facility by Longleaf Recovery & Wellness dedicated to addressing substance use disorders (SUD) and co-occurring mental health conditions. The urgent need for accessible, comprehensive care for individuals battling these challenges cannot be overstated, and such a facility would play a critical role in transforming lives and fostering healthier communities.

Substance use and mental health disorders continue to affect countless number of individuals who appear in my court daily. For example, it is not uncommon for a person in need of residential treatment to be on a waiting list for three (3) to five (5) months. An additional residential treatment facility in our area would not only provide immediate, evidence-based interventions but also serve as a beacon of hope for those seeking recovery and long-term wellness.

The benefits of residential treatment are well-documented. Such facilities offer a structured, supportive environment where individuals can focus on healing without the distractions and triggers of daily life. By integrating medical care, therapy, and holistic approaches, these programs address the underlying causes of addiction and mental health disorders, empowering individuals to rebuild their lives. Moreover, residential facilities often incorporate family education and community reintegration strategies, ensuring that recovery extends beyond the individual to strengthen entire support systems.

In addition to its profound impact on individuals and families, a residential treatment facility would contribute to the overall well-being of our community. It would reduce the strain on

emergency services, law enforcement, jails, and hospitals by providing a proactive, compassionate solution to substance use and mental health crises.

Longleaf Recovery & Wellness currently operates four outpatient treatment facilities across the State. I firmly believe that Longleaf's efforts to open a residential treatment facility is a vital step toward addressing the pressing needs of our community. I support their efforts and encourage you to adopt their strategic plan.

Please feel free to contact me at maria.fortune@alacourt.gov and/or at 205-325-5013, if you have any additional questions.

Sincerely,

Judge Maria Fortune

Judge Maria Fortune
Jefferson County District Court Judge



Gathering
TRUTH
COUNSELING

100 Chase Park South Suite 116
Hoover, AL 35244
205-732-7500

DATE: December 30th, 2024

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

Please accept this correspondence which conveys my support for Longleaf Recovery & Wellness and their proposed facility to provide treatment for substance abuse and mental health disorders.

In 2023, the Substance Abuse and Mental Health Services Administration estimated that 17.1% of the U.S. population had a substance use disorder. In addition, approximately half of that population were also experiencing mental health issues.

Longleaf Recovery & Wellness currently operates four outpatient treatment facilities across the State. Their proposed facility will integrate treatment modalities that will help with this crisis that is devastating so many Alabama individuals, families, and communities.

I urge swift adoption and approval of Longleaf's proposed plans.

Sincerely,

A handwritten signature in black ink that reads "Adam B. Johnson, LPC". The signature is written in a cursive, flowing style.

Adam B. Johnson, LPC
adam@gatheringtruthcounseling.com
205-732-7500
NPI# 1588126635

December 16, 2024

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

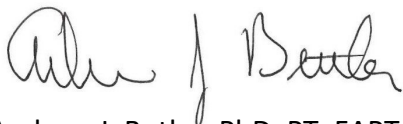
The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the workplace. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

Longleaf Recovery & Wellness currently operate outpatient facilities in Huntsville, Birmingham, and south Alabama providing addiction recovery care. Their comprehensive approach incorporates psychotherapy, medication, and support networks addressing both the addictive behaviors and underlying mental health issues.

Longleaf Recovery & Wellness seeks to add substance use treatment beds to complement their statewide efforts to improving recovery outcomes.

I fully support this effort and encourage swift adoption of Longleaf's proposed plan.

Sincerely,



Andrew J. Butler, PhD, PT, FAPTA
Professor and Dean
School of Health Professions

SCHOOL OF HEALTH PROFESSIONS
Office of the Dean



Addiction Prevention Coalition



Tyler Currier

Board Chairperson

Celebrate Recovery State Rep
Sales, Truckstop.com

Tim Cross

Managing Partner,
Expedited Transfer Agency

**The Honorable Maria
Fortune**

Criminal District Court Judge,
Drug Court in Jefferson County,
Birmingham Division

Shane Herring

Manager of Clinical Operations,
UAB Medicine's Center for
Psychiatric Medicine

Dr. Sherri Huff

Birmingham City Schools

Bronwyn McInturff

Manager, UAB Addiction
Recovery

Dr. John Dantzler

UAB Associate Professor, Vice
Chair of Addiction Programs

Dr. Liesl Harris

Associate Dean of Transfer
Students, Jefferson State
Community College

Steve Walker

Vice Chairman, Finance and
Risk, Protective Life

Samata Shah

Founder, Kopri Promotions



105 Vulcan Rd., Suite 332
Homewood, AL 35209



205.972.8264



APCBham.org

December 16, 2024

Ms. Emily T. Marsal

Executive Director

State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the workplace. Substance use and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

Longleaf Recovery & Wellness currently operate outpatient facilities in Huntsville, Birmingham, and south Alabama providing addiction recovery care. Their comprehensive approach incorporates psychotherapy, medication, and support networks addressing both the addictive behaviors and underlying mental health issues.

Longleaf Recovery & Wellness seeks to add substance use treatment beds in order to complement their statewide efforts to improving recovery outcomes.

I fully support this effort and encourage swift adoption of Longleaf's proposed plan.

Sincerely,

Nichole Dawsey

Executive Director

Addiction Prevention Coalition

Pursuing freedom & healing from addiction.

December 19, 2024

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

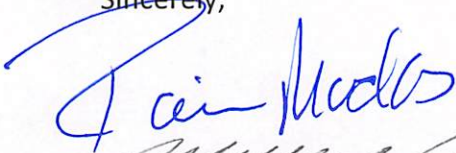
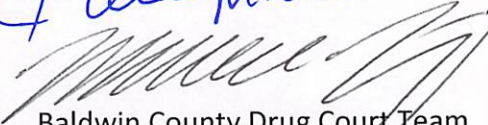
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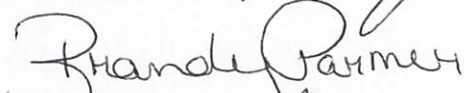
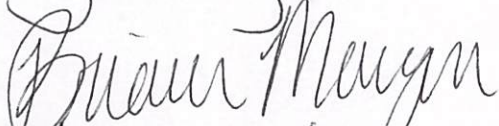
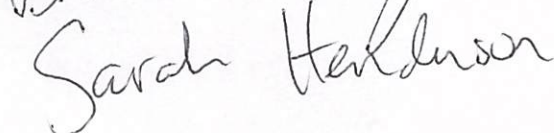
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Longleaf Recovery & Wellness seeks to add substance use treatment beds in order to complement their statewide efforts to improving recovery outcomes.

I fully support this effort and encourage swift adoption of Longleaf's proposed plan.

Sincerely,



Baldwin County Drug Court Team

DATE: 12/23/24

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

Please accept this correspondence which conveys my support for Longleaf Recovery & Wellness and their proposed facility to provide treatment for substance abuse and mental health disorders.

In 2023, the Substance Abuse and Mental Health Services Administration estimated that 17.1% of the U.S. population had a substance use disorder. In addition, approximately half of that population were also experiencing mental health issues.

Longleaf Recovery & Wellness currently operates four outpatient treatment facilities across the State. Their proposed facility will integrate treatment modalities that will help with this crisis that is devastating so many Alabama individuals, families, and communities.

I urge swift adoption and approval of Long Leaf's proposed plans.

Sincerely,



Cheryl H. Russell
Executive Director
Partnership for a Drug Free Community



Kimberley Lamar, ADC, ICADC, CRSS
Administrator
Recovery Resource Hub

December 23, 2024

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

Please accept this correspondence which conveys my support for Longleaf Recovery & Wellness and their proposed facility to provide treatment for substance abuse and mental health disorders.

In 2023, the Substance Abuse and Mental Health Services Administration estimated that 17.1% of the U.S. population had a substance use disorder. In addition, approximately half of that population were also experiencing mental health issues.

Longleaf Recovery & Wellness currently operates four outpatient treatment facilities across the State. Their proposed facility will integrate treatment modalities that will help with this crisis that is devastating so many Alabama individuals, families, and communities.

I urge swift adoption and approval of Longleaf's proposed plans.

Sincerely,



Curt Lindsley, Executive Director
Alabama Alliance for Recovery Residences
5010 Willow Creek Drive SE
Owens Cross Roads, AL 35763
Mobile: 256-529-9037

December 23, 2024

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

Please accept this correspondence which conveys my support for Longleaf Recovery & Wellness and their proposed facility to provide treatment for substance abuse and mental health disorders.

In 2023, the Substance Abuse and Mental Health Services Administration estimated that 17.1% of the U.S. population had a substance use disorder. In addition, approximately half of that population were also experiencing mental health issues.

Longleaf Recovery & Wellness currently operates four outpatient treatment facilities across the State. Their proposed facility will integrate treatment modalities that will help with this crisis that is devastating so many Alabama individuals, families, and communities.

I urge swift adoption and approval of Longleaf's proposed plans.

Sincerely,



Ellen A. Ovson, M.D., F.A.S.A.M.



www.drugeducation.org

Get answers. Get help. Get better.

DRUG EDUCATION COUNCIL, INC.

3000 Television Avenue
Mobile, Alabama 36606

Phone: (251) 478-7855
Fax: (251) 478-7865

December 17, 2024

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the work-place. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

Longleaf Recovery & Wellness currently operate outpatient facilities in Huntsville, Birmingham, and south Alabama providing addiction recovery care. Their comprehensive approach incorporates psychotherapy, medication, and support networks addressing both the addictive behaviors and underlying mental health issues.

Longleaf Recovery & Wellness seeks to add substance use treatment beds in order to complement their statewide efforts to improving recovery outcomes.

I fully support this effort and encourage swift adoption of Longleaf's proposed plan.


Sincerely,

A handwritten signature in black ink that reads "Virginia Guy".

Virginia Guy
Executive Director





7916 2nd Avenue South 
Birmingham, AL 35206
205.833.7410 

January 2, 2025

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

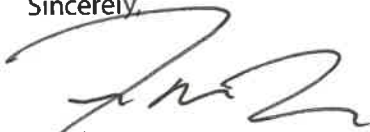
Please consider this letter as an endorsement of Longleaf Recovery & Wellness and their initiative to establish a new treatment facility for substance abuse and mental health disorders.

According to 2023 estimates by the Substance Abuse and Mental Health Services Administration, 17.1% of the U.S. population suffers from a substance use disorder, with nearly half also grappling with concurrent mental health issues.

Longleaf Recovery & Wellness currently manages four outpatient treatment centers across Alabama. Their new facility is designed to offer integrated treatment options that address the ongoing crisis affecting countless individuals, families, and communities throughout our state.

I strongly support the swift approval and implementation of Longleaf's proposed expansion. After being familiar with the programs and clinicians of Longleaf Wellness, I can confidently say, in my opinion, that it is the best treatment program in Alabama today.

Sincerely,



Frank Long
The Lovelady Center
Director of Development
M: 205.601.7320
E: frank@loveladycenter.org
www.loveladycenter.org

December 30, 2024

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the work-place. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

Longleaf Recovery & Wellness currently operate outpatient facilities in Huntsville, Birmingham, and south Alabama providing addiction recovery care. Their comprehensive approach incorporates psychotherapy, medication, and support networks addressing both the addictive behaviors and underlying mental health issues.

Longleaf Recovery & Wellness seeks to add substance use treatment beds in order to complement their statewide efforts to improving recovery outcomes.

Having Longleaf Recovery & Wellness as a referral in this capacity would assist local private practice providers, such as McKenzie Strategies, offer clients greater access to care they need. Therefore, I fully support this effort and encourage swift adoption of Longleaf's proposed plan.

Sincerely,

Jarvis Cleveland LICSW
McKenzie Strategies, LLC
200 Chase Park S., Ste. 226
Hoover AL 35244
www.mckenziestrategies.com

Jarvis Cleveland, LICSW



Complete Counseling, LLC
Jerry U. Gibson, LPC-S, NCC, MAC, Owner
Sherri L. Gibson, MS, ALC, Co-Owner
810 Palmer Rd, Ste 101
Madison, Alabama 35758
jg@completecounseling7.org
sg@completecounseling7.org
Phone: 256-213-1934

12/30/2024

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

Please accept this correspondence which conveys our support for Longleaf Recovery and Wellness and their proposed facility to provide treatment for substance abuse and mental health Disorders.

As being a current Mental Health Provider in the area, we feel as though that this new facility would do a great justice to our community. As the Huntsville area continues to expand, we would like our community to know that there are mental health resources readily available within travel distance.

After surveying the area, through partnerships and networking, Longleaf has proven themselves as a reliable and consistent provider in the area. They strive to provide excellent services for the community, as we have entrusted them with clients ourselves and received excellent results.

Longleaf Recovery and Wellness currently operates four outpatient treatment facilities across the State. Their proposed facility will integrate treatment modalities that will help with this crisis that is devastating so many Alabama individuals, families, and communities. We urge swift adoption and approval of Longleaf's proposed plans.

Sincerely,

Jerry U. Gibson, LPC-S, NCC, MAC
Owner of Complete Counseling, LLC



Big Spring Counseling Cooperative

Kim Crawford, M.Ed, LPC

303 Williams Ave SW, Suite 132

Huntsville, AL 35801

Phone: (256) 400-1111 x4

kim@counselingassociatesofhuntsville.com

December 20, 2024

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

Please accept this correspondence which conveys my support for Longleaf Recovery & Wellness and their proposed facility to provide treatment for substance abuse and mental health disorders.

In 2023, the Substance Abuse and Mental Health Services Administration estimated that 17.1% of the U.S. population had a substance use disorder. In addition, approximately half of that population were also experiencing mental health issues.

Longleaf Recovery & Wellness currently operates four outpatient treatment facilities across the State. Their proposed facility will integrate treatment modalities that will help with this crisis that is devastating so many Alabama individuals, families, and communities.

I urge swift adoption and approval of Longleaf's proposed plans.

Sincerely,
Kim Crawford, M.Ed, LPC

DATE: Jan 3, 2025

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

I am writing to express my strong support for Longleaf Recovery & Wellness and their proposed facility to offer treatment for substance abuse and mental health disorders. The collusion between available inpatient treatment options and insurance providers in our state is costing lives. These monopolies are contributing to unnecessary deaths. The prolonged wait time between a person with a substance use disorder seeking help and actually being admitted to a treatment facility is unacceptable. In many cases, individuals are either dying while waiting or forced to seek treatment out-of-state. We urgently need more options!

In 2023, the Substance Abuse and Mental Health Services Administration estimated that 17.1% of the U.S. population had a substance use disorder. In addition, approximately half of that population were also experiencing mental health issues.

Longleaf Recovery & Wellness currently operates four outpatient treatment facilities across the State. Their proposed facility will integrate treatment modalities that will help with this crisis that is devastating so many Alabama individuals, families, and communities.

I urge swift adoption and approval of Longleaf's proposed plans.

Sincerely,
Kimberly Holder BSW, ADC, CRSS
Family Program Coordinator
Not One More Alabama
kimholder@notonemorealabama.org

Jan 3, 2025

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

Please accept this correspondence as an expression of my full support for Longleaf Recovery & Wellness and their proposed facility to provide inpatient treatment for substance use and mental health disorders.

In 2023, the Substance Abuse and Mental Health Services Administration estimated that 17.1% of the U.S. population had a substance use disorder, with approximately half of those individuals also experiencing mental health challenges. Closer to home, Madison County, Alabama, continues to face the devastating impact of substance use disorders. Not One More Alabama has served this community for over eight years, providing support to individuals and families affected by addiction. During this time, we've witnessed an alarming rise in opioid and stimulant use, with Madison County reporting some of the highest rates of overdoses and substance-related fatalities in the state.

Longleaf Recovery & Wellness has an established reputation for delivering quality care through their four outpatient treatment facilities across Alabama. Their proposed facility will provide integrated treatment modalities that address both substance use and co-occurring mental health disorders—an approach that is desperately needed to combat this crisis and bring hope to individuals, families, and communities across Madison County and beyond.

I strongly urge the swift adoption and approval of Longleaf's proposed plans. Their commitment to evidence-based care and comprehensive recovery services aligns with our shared goal of reducing the stigma of addiction and providing accessible treatment options for those in need.

Sincerely,

Kimberly Houser

Kim Houser
Executive Director, Not One More Alabama



Counseling Associates of Huntsville
Liz Howell, M.Ed., LPC
303 Williams Ave. SW, Suite 132
Huntsville, AL 35801
Phone: (256) 400-1111 x1

December 20, 2024

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

Please accept this correspondence which conveys my support for Longleaf Recovery & Wellness and their proposed facility to provide treatment for substance abuse and mental health disorders.

In 2023, the Substance Abuse and Mental Health Services Administration estimated that 17.1% of the U.S. population had a substance use disorder. In addition, approximately half of that population were also experiencing mental health issues.

Longleaf Recovery & Wellness currently operates four outpatient treatment facilities across the State. Their proposed facility will integrate treatment modalities that will help with this crisis that is devastating so many Alabama individuals, families, and communities.

I urge swift adoption and approval of Longleaf's proposed plans.

Sincerely,

Liz Howell, M.Ed., LPC

01/02/2025

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

Please accept this correspondence which conveys my support for Longleaf Recovery & Wellness and their proposed facility to provide treatment for substance abuse and mental health disorders.

In 2023, the Substance Abuse and Mental Health Services Administration estimated that 17.1% of the U.S. population had a substance use disorder. In addition, approximately half of that population were also experiencing mental health issues.

Longleaf Recovery & Wellness currently operates four outpatient treatment facilities across the State. Their proposed facility will integrate treatment modalities that will help with this crisis that is devastating so many Alabama individuals, families, and communities.

I urge swift adoption and approval of Longleaf's proposed plans.

Sincerely,

A handwritten signature in black ink, appearing to read "Rebekah Cash". The signature is fluid and cursive, with the first name being the most prominent.

Lt. Rebekah Cash
Cullman County Sheriff's Office
1910 Beech Ave SE, Cullman, AL 35055
rcash@cullmansheriff.org



December 30, 2024

Attn: Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama
RE: Statewide Health Coordinating Council Certificate of Need Review Board

Dear Ms. Marsal:

Across my history of working in the addiction recovery treatment industry, I have been involved with several providers in the Birmingham metropolitan area. Longleaf Recovery & Wellness is a newly established program in comparison to some, and this has no bearing on their ability to provide the depth of the most stellar care to those in need. They already have four facilities across the state, providing care for mental health and substance use disorders, aiding thousands of individuals since their opening a few years ago. In latest estimates, between 15-20% of the population of the United States has a substance use disorder and mental health disorders are much higher, being at least half of the population if not more.

Furthermore, since the University of Alabama at Birmingham closed their specific detox recovery unit of their Addiction Recovery Program (ARP), that left several less detoxification and residential treatment beds within the Birmingham metro area. This has been a very difficult issue for patients and family systems seeking treatment locally. Many people have been forced to go outside of the state for residential treatment due to not being able to find residential beds when needed. Longleaf's proposed facility will aid with addressing this issue greatly. I fully support their plans, and hope for a quick approval to move forward with aiding this community that desperately needs the care that is so deserved.

Sincerely,

A handwritten signature in black ink, appearing to read "Maggie W. Banger, LPC-S".

Maggie W. Banger, LPC-S
Restore Counseling Services

12/30/2024
Date Signed

OFFICE OF THE SHERIFF

1910 Beech Avenue, S.E.
Cullman, Alabama 35055



MATT GENTRY
SHERIFF

Telephone (256) 734-0342
Jail Division (256) 735-2400
FAX (256) 737-9868

Date 12/23/2024

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the work-place. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

Longleaf Recovery & Wellness currently operate outpatient facilities in Huntsville, Birmingham, and south Alabama providing addiction recovery care. Their comprehensive approach incorporates psychotherapy, medication, and support networks addressing both the addictive behaviors and underlying mental health issues.

Longleaf Recovery & Wellness seeks to add substance use treatment beds in order to complement their statewide efforts to improving recovery outcomes.

I fully support this effort and encourage swift adoption of Longleaf's proposed plan.

Sincerely,

Matt Gentry, Sheriff

December 30, 2024

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the work-place. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

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Having Longleaf Recovery & Wellness as a referral in this capacity would assist local private practice providers, such as McKenzie Strategies, offer clients greater access to care they need. Therefore, I fully support this effort and encourage swift adoption of Longleaf's proposed plan.

Sincerely,

 LICSW-S, PIP

Page Rubin LICSW
McKenzie Strategies, LLC
200 Chase Park S., Ste. 226
Hoover AL 35244
www.mckenziestrategies.com

December 30, 2024

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the work-place. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

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Sincerely,



Dr. Matt McKenzie LPC-S
Owner, McKenzie Strategies, LLC
200 Chase Park S., Ste. 226
Hoover AL 35244
www.mckenziestrategies.com

December 29, 2024

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the work-place. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

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Longleaf Recovery & Wellness seeks to add substance use treatment beds in order to complement their statewide efforts to improving recovery outcomes.

I fully support this effort and encourage swift adoption of Longleaf's proposed plan.

Sincerely,

A handwritten signature in black ink that reads "Meghan McKenzie ALC". The signature is written in a cursive style.

Meghan McKenzie, M.A., ALC
Co-Owner, McKenzie Strategies, LLC
200 Chase Park S., Ste. 226 Hoover
AL 35244
www.mckenziestrategies.com

Date: December 17, 2024

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the work-place. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

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Longleaf Recovery & Wellness seeks to add substance use treatment beds in order to complement their statewide efforts to improving recovery outcomes.

I fully support this effort and encourage swift adoption of Longleaf's proposed plan.

Sincerely,

Paul M Sealy
Fire Chief
City of Gulf Shores



CITY OF BIRMINGHAM

PUTTING PEOPLE FIRST

MAYOR RANDALL L. WOODFIN

January 2, 2025

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency
2441 International Park Drive
Birmingham, AL 35243

RE: Substance Abuse Beds

Dear Ms. Marsal:

The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the work-place. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

Longleaf Recovery & Wellness currently operate outpatient facilities in Huntsville, Birmingham, and south Alabama providing addiction recovery care. Their comprehensive approach incorporates psychotherapy, medication, and support networks addressing both the addictive behaviors and underlying mental health issues.

Longleaf Recovery & Wellness seeks to add substance use treatment beds in order to complement their statewide efforts to improving recovery outcomes.

I fully support this effort and encourage swift adoption of Longleaf's proposed plan.

Sincerely,

A handwritten signature in black ink that reads "R L Woodfin".

Randall L. Woodfin
Mayor

Psychiatry SOUTH

Friday, December 27, 2024

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

I have been a practicing psychiatrist in Jefferson and Shelby counties since 2005. I have been working as a psychiatrist in the emergency room at UAB Hospital, doing outpatient work in Shelby County, and covering a long-term psychiatric unit at UAB. Substance use disorders are a major issue for the majority of patients that the psychiatric team evaluates in the emergency room, as well as a majority of the patients seen on our inpatient units. It would be a benefit to our state if more of these services were available in our area.

The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the work-place. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

Longleaf Recovery & Wellness currently operate outpatient facilities in Huntsville, Birmingham, and south Alabama providing addiction recovery care. Their comprehensive approach incorporates psychotherapy, medication, and support networks addressing both the addictive behaviors and underlying mental health issues.

Longleaf Recovery & Wellness seeks to add substance use treatment beds in order to complement their statewide efforts to improving recovery outcomes.

I fully support this effort and encourage swift adoption of Longleaf's proposed plan.

Sincerely,



Rebecca W. Jones, M.D.

Diplomate, American Board of Psychiatry and Neurology

President, Psychiatry South Inc.

President/Owner, Psychiatry North LLC.

3000 Southlake Park Suite 100, Birmingham, AL 35244-3608

Telephone: (205) 987-0724 Fax: (205) 987-0725

www.psychiatrysouth.com



December 27, 2024

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama
RE: Substance abuse facility

Dear Ms. Marsal,

The Alabama State Health Plan recognizes Substance Use Disorder as a critical health priority for the state. This disorder has devastating effects on individuals, families, and communities, with its impact felt both at home and in the workplace. Additionally, substance abuse and overdoses place significant strain on already overburdened healthcare and law enforcement resources.

Longleaf Recovery & Wellness currently operates outpatient facilities in Huntsville, Birmingham, and southern Alabama, providing comprehensive addiction recovery care. Their approach integrates psychotherapy, medication, and support networks, addressing both addictive behaviors and underlying mental health issues.

To further enhance recovery outcomes across the state, Longleaf Recovery & Wellness is seeking to add substance use treatment beds to their existing services. This expansion will complement their ongoing efforts to provide effective and accessible care.

As the owner of a psychiatric practice that provides outpatient services, as well as behavioral health services to nursing home residents throughout the state of Alabama, our biggest challenge is locating beds at facilities that specialize in substance abuse treatment and recovery. I fully support this initiative and strongly encourage the swift adoption of Longleaf's proposed plan.

Best Regards,

A handwritten signature in black ink that reads "Ruthann Allison, CRNP". The signature is written in a cursive style.

Ruthann Allison, CRNP
Owner Remedy Behavioral Health

1609 Mockingbird Court, Suite B
Florence, AL 35630

Phone: 256-320-7781

120 South Locust Street
Florence, AL 35630

Fax: 256-320-7776

Website: www.remedybhc.com



Big Spring Counseling Cooperative

Shannan Roberts, MS, LPC

303 Williams Ave SW, Suite 132
Huntsville, AL 35801
Phone: (256) 400-1111 x2

December 20, 2024

Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama
RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

Please accept this correspondence which conveys my support for Longleaf Recovery & Wellness and their proposed facility to provide treatment for substance abuse and mental health disorders.

In 2023, the Substance Abuse and Mental Health Services Administration estimated that 17.1% of the U.S. population had a substance use disorder. In addition, approximately half of that population were also experiencing mental health issues.

Longleaf Recovery & Wellness currently operates four outpatient treatment facilities across the

State. Their proposed facility will integrate treatment modalities that will help with this crisis that is devastating so many Alabama individuals, families, and communities.

I urge swift adoption and approval of Longleaf's proposed plans.

Sincerely,

Shannan Roberts, MS, LPC

December 19, 2024

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the work-place. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel.

Longleaf Recovery & Wellness currently operate outpatient facilities in Huntsville, Birmingham, and south Alabama providing addiction recovery care. Their comprehensive approach incorporates psychotherapy, medication, and support networks addressing both the addictive behaviors and underlying mental health issues.

Longleaf Recovery & Wellness seeks to add substance use treatment beds in order to complement their statewide efforts to improving recovery outcomes.

I fully support this effort and encourage swift adoption of Longleaf's proposed plan.

Sincerely,

A handwritten signature in cursive script that reads "Sydney Scoggins".

Sydney Scoggins, LICSW

TODD STRANGE
3300 ELEBASH HILL
MONTGOMERY, ALABAMA 36106

January 2, 2025

Ms. Emily T. Marsal
Executive Director
State Health Planning and Development Agency

RE: Substance Abuse Beds

Dear Ms. Marsal:

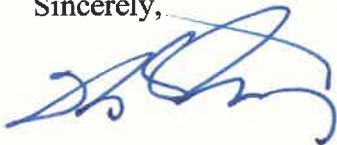
The Alabama State Health Plan identifies Substance Use Disorder as a Health Priority for Alabama. Substance Use Disorder is devastating to individuals, families, and communities and its impact is felt at home and in the workplace. Substance abuse and overdose challenge the already strained resources of our healthcare and law enforcement personnel. As the former three-term Mayor of Montgomery, I saw this firsthand.

Longleaf Recovery & Wellness currently operates outpatient facilities in Huntsville, Birmingham, and South Alabama providing addiction recovery care. Their comprehensive approach incorporates psychotherapy, medication, and support networks addressing both the addictive behaviors and underlying mental health issues.

Longleaf Recovery & Wellness seeks to add substance abuse treatment beds in Shelby County in order to complement their statewide efforts to improving recovery outcomes. As chairman of the University of Montevallo Board of Trustees, it is vital to our University to have access to these types of services.

I fully support this effort and encourage adoption of Longleaf's proposed plan to help Central Alabama and Shelby County as well as our university.

Sincerely,



Todd Strange
Former Mayor- City of Montgomery
(334) 235-1339
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January 2nd, 2024

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Ms. Emily T. Marsal
State Health Planning and Development Agency
Montgomery, Alabama

RE: Statewide Health Coordinating Council
Certificate of Need Review Board

Dear Ms. Marsal:

Please accept this correspondence which conveys my support for Longleaf Recovery & Wellness and their proposed facility to provide treatment for substance abuse and mental health disorders.

In 2023, the Substance Abuse and Mental Health Services Administration estimated that 17.1% of the U.S. population had a substance use disorder. In addition, approximately half of that population were also experiencing mental health issues.

Longleaf Recovery & Wellness currently operates four outpatient treatment facilities across the State. Their proposed facility will integrate treatment modalities that will help with this crisis that is devastating so many Alabama individuals, families, and communities.

I urge swift adoption and approval of Longleaf's proposed plans.

Sincerely,

Lisa Bright
CEO Will Bright Foundation

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Mayor Ray Nelson
Mayor Rod Northam